

# EPS Learning Improvement Day | October 14, 2022

## Agenda

**Location:** Angel of the Winds Arena



**Full Details** | [Click here](#)

8:00-8:45 | Travel from Bus Hubs | Check-in | Seating

8:45-9:05 | Introductions

9:05-12:05 | Keynote & Training (Dr. Brackett to ALL staff)

Emotions Matter Mindset | Creating Emotion Scientists vs Emotion Judges

RULER Skills | RULER Anchor Tools | Q&A

*(breaks embedded at Dr. Brackett's discretion)*

### **ALL Participants (except RULER Implementation Teams)**

12:15-2:00      Lunch & Travel back to work site

### **RULER Implementation Teams**

12:15-1:15      Working Lunch (provided) with Marc Brackett in Angel of the Winds Ballroom

2:00-3:30 | RULER implementation sessions at the school sites for group processing & activities